

Endocuff Technology now being offered to patients at all Montserrat Facilities across Queensland

REBECCA RYAN | BMBS (HONS), FRACP



One of the major indications for colonoscopy is for Polyp follow up or for a Family history of Colorectal carcinoma/colonic polyps.

Performance of a high quality colonoscopy examination requires careful visualisation of the colonic mucosa which requires

1. Adequate Bowel Preparation

'Split bowel preps' refers to the administration of half of the bowel prep the evening prior to the colonoscopy and the second half the morning of the colonoscopy, allowing for adequate fasting.

Since the introduction of split bowel preps at Montserrat in February 2015 our rate of incomplete colonoscopies due to poor/incomplete bowel preparation has significantly been reduced.

2. Quality Measures

Quality indicators such as

- Acceptable caecal intubation rate,
 - At least 95% to the caecum or terminal ileum in patients with intact colons.
- Withdrawal times
 - should be 6 minutes (not including biopsy or polyp removal time)
- Adenoma detection rates (ADR)
 - the finding of at least one adenoma during colonoscopy
 - At least 25% in eligible patients.
 - "Eligible patients" are 50 years or older, have intact colons, do not have a finding of acute IBD and were intubated to the caecum or terminal ileum.

serve as surrogate, though imperfect markers of careful mucosal visualisation. These targets have been set by GESA (Gastroenterological Society of Australia for re-certification of colonoscopists in Australia) as of April 2016.

At Montserrat we routinely record all our procedures, a selection of which are routinely audited by an independent

senior experienced colonoscopist. We also document our caecal intubation rate, withdrawal time and ADR, for all our gastroenterologists to ensure we are meeting the above targets. These are viewed and discussed quarterly at our quality assurance meetings.

Despite implementation of these measures, we know we miss adenomas.

6 studies of 465 patients who underwent tandem colonoscopy showed the overall missed adenoma rate was 22% and proportional to size (Ref 1)

- 1 to 5 mm: 26 percent miss rate
- 5 to 10 mm: 13 percent miss rate
- ≥ 10 mm: 2 percent miss rate

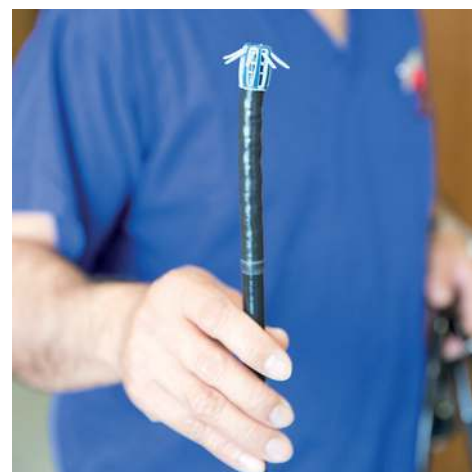
Higher ADR has been demonstrated in multiple studies to decrease the rates of interval cancers (ie, cancer that developed between the time of the screening colonoscopy and the time scheduled for follow-up colonoscopy)

In a study of 45,026 patients who underwent screening colonoscopy, interval colorectal cancer (ie, cancer that developed between the time of the screening colonoscopy and the time scheduled for follow-up colonoscopy) was detected in 42 patients. (Ref 2)

The endoscopists' adenoma detection rates were associated with the risk of developing an interval colorectal cancer. The rates of interval colorectal cancer were

- 34 per 100,000 person-years for endoscopists with an ADR <11%,
- 22 per 100,000 person-years for endoscopists with an ADR 11 - 14.9 %
- 26 per 100,000 person-years for endoscopists with an ADR of 15 -19.9 %,
- 2 per 100,000 person-years for endoscopists with an ADR ≥ 20 percent.

In another study, each 1% increase in the ADR was associated with a 3% decrease in the risk of colorectal cancer. (Ref 3)



How can we increase the Adenoma Detection Rate (ADR)?

Endocuff Vision® is a 'cap' designed to fit securely around the tip of the colonoscope and is comprised of soft projections (arms) which remain flattened during insertion in the bowel. When the colonoscope is withdrawn the soft arms project out to spread the folds of the colon. This allows for improved visibility of the bowel wall and more opportunity to find hidden or harder to see polyps.

In observational studies to date Endocuff Vision® has been shown to

- Increase ADR
- Increase mean number of Adenomas per procedure
- Relative decrease in the mean time to caecal intubation (Ref 3)

Montserrat will be, as of May 2017, routinely using Endocuff Vision® in ALL patients that are:

- over the age of 50
- Have a personal or family history or polyps or CRC.



Ref 1 Polyp miss rate determined by tandem colonoscopy: a systematic review. van Rijn JC, Reitsma JB, Stoker J, Bossuyt PM, van Deventer SJ, Dekker E, Am J Gastroenterol. 2006;101(2):343.

Ref 2 Quality indicators for colonoscopy and the risk of interval cancer. Kaminski MF, Regula J, Kraszewska E, Polkowski M, Wojciechowska U, Didkowska J, Zwierko M, Rupinski M, Nowacki MP, Butruk E, N Engl J Med. 2010;362(19):1795.

Ref 3 Tsiamoulou Z, et al. gastrointestinal Endoscopy 2015; 81 (5s): AB209 Abstract Sa 1423



Getting to know your local specialists

DR BEN CAREW | NORTH LAKES DAY HOSPITAL | DERMATOLOGIST | M.B.B.S., FACD

Where were you born and raised?

The Beef capital of Australia, Rockhampton.

What's most played on your iPod?

My ipod has been hijacked by my children so Taylor Swift or Adele probably.

What chore do you absolutely hate?

Cleaning up my office is the worst, so I don't do it.

What is your favorite form of exercise?

An afternoon walk with the family is great.

If you knew the world was ending in 2017, what would you do differently?

Stop work immediately and spend as much time with my friends and family as possible.

If you could choose anyone, who would you pick as your mentor?

A great scientist like Professor Ian Frazer. Scientists like Prof Frazer should be society's celebrities.

If you could witness any event past, present or future, what would it be?
I would like to be around when we finally send people to another planet.

If you could learn to do anything, what would it be?
Something creative like painting or

illustration.

If you could meet anyone, living or dead, who would you meet?

Musician Thom York or Author Bill Bryson.

What's the last movie, show or book that made you tear up?

'The Pledge' starring Jack Nicholson is harrowing and tragic.

What's the hardest thing you've done?

The College fellowship exams were the hardest thing I have put myself and family through. The sense of achievement and responsibility as a fellow of the college is definitely something I am proud of.

Welcome Dr Keys to Montserrat

DR. MATTHEW KEYS
FFPMANZCA, FCICM, MBBS (HONS 1)



Dr Keys is a specialist Pain Medicine Physician and Specialist Intensive Care Physician. He graduated from the University of Queensland with first class honours in 1994. He has worked

and trained in a wide variety of medical specialties including General Practice. In recent years he has worked in the Professor Tess Cramond Multidisciplinary Pain Centre (Royal Brisbane and Women's Hospital), and he joined the group at QPain in February 2016.

"What we discover today could lead to better treatments in years to come".

Dr Keys has a special interest in what the future could bring in the field of pain medicine. He is making the most of his research experience and collaboration as co-investigator at QPain in a number of Multi-centre, prospective clinical trials.

Dr Keys' approach to caring for his patients centres on compassion and empathy. His goal is to help his patients to reduce their suffering and to achieve their goals.

Dr Keys has regular consulting and theatre lists at North Lakes Day Hospital.

Rapid Access Colonoscopy

IF YOU'RE NOT SEEN IN THE FIRST 3 WEEKS IT'S FREE!

Our team of experts provide Gastroenterology services across 6 locations in Queensland, allowing patients better access to local specialists.



Meet the team



DR REBECCA RYAN
Gastroenterologist and Hepatologist
BMBS (HONS) FRACP



DR MARK NORRIE
Gastroenterologist
BHB MB CHB FRACP PHD



DR CLIONA MAGUIRE
Gastroenterologist
MB BCH BAO MRCPI FRACP



DR SAM ISLAM
Gastroenterologist
MBBS PHD FRAC



DR TERRANCE TAN
Gastroenterologist
MB BS FRACP PHD



DR KAVIN NANDA
Gastroenterologist/
Interventional Endoscopist
MB.BCH MRCP(UK) MD FEBGH FRACP

GP Hotline: (07) 3833 6788

Bookings: (07) 3833 6701

Fax (07) 3833 6740 / Medical Objects: CM40000007H



INDOOROOPILLY / GAYTHORNE / NORTH LAKES / IPSWICH / EMERALD / LONGREACH

Open Access Endoscopy Timetable - May 2017

SPECIALIST	MON	TUES	WED	THURS	FRI	SAT
Dr Cliona Maguire	GAY	GAY	GAY/NLDH°	GAY		Service Rotates between Doctors at Indooroopilly
Dr Kavin nanda					IND#	
Dr Mark Norrie		IND		IND	IND«	
Dr Sam Islam	IND				IND#	
Dr Rebecca Ryan	IND	GAY#/IND#	IND	IND	IND#	
Dr Hugh McGregor		NLDH#			GAY°	
Dr Daniel Mehanna	NLDH					
Dr Terrance Tan		IPS#			IPS#	

« Unless in Emerald or Longreach # Full day list usually available

* Please note that whilst we offer an Open Access Service all our Gastroenterologists are available for consultations.

Fortnightly only

° Monthly only (Haemorrhoid Clinic)



Westside Private Update

The only way is up! The hole is done and now the crane has been constructed so not long now and the birth of Westside Private Hospital will begin.

With completion expected early to mid 2018 there has been a great amount of interest from the medical community.

The New Montserrat Day Hospital will provide

- Four Operating theatres
- Nine Haematology & Oncology chairs
- On-site Radiology & Pathology Services
- 60 Bed on-site hotel
- Private medical suites to purchase or lease

For more information visit
www.westsideprivate.com.au



Samford Road Day Hospital

Gaythorne Day Hospital's name has now officially changed to Samford Road Day Hospital. This name change is part of Montserrat's strategy to emphasize the strength of their local business and ongoing commitment to the greater north-west corridor of Brisbane, 'delivering exceptional healthcare locally'.

Montserrat has been successfully operating in the area since opening in June 2003. As part of the changes, Montserrat will continue to rapidly



Welcome Dr Peters to North Lakes Day Hospital

DR MATTHEW PETERS | BSC, MBBS FRACS (PLAST.)
PLASTIC AND RECONSTRUCTIVE SURGEON



"I was drawn to plastic surgery in the first place because it afforded me the opportunity to make a real difference not only in my patient's physical wellbeing, but also their mental health. The type of problems that my patients present with genuinely affect them in very personal ways; I find myself having to be tremendously creative to solve the problem and also able to coordinate with a myriad of medical fields to achieve the desirable outcome for my patient."

Dr Matthew Peters is a Queensland-trained Plastic and Reconstructive surgeon, obtaining Fellowship of the Royal Australasian College of Surgeons after undertaking training in both General and Plastic surgery. He is the Director of Plastic and Reconstructive Surgery at the Royal Brisbane and Women's Hospital, a Senior Lecturer at the University of Queensland School of Medicine, and is a member of the Australian Society of Plastic Surgeons.

Starting in May Dr Peters will be having regular consulting and theatre lists at North Lakes Day Hospital.



The Battle against Ovarian Cancer

Great effort to the Montserrat Cancer Care Team 'The Full Montyserrat'. The Battle is the signature event for the Cherish Women's Cancer Foundation which helps to fund research into more effective, less invasive and gentler treatment options for gynaecological cancer sufferers.

A special thanks to the following Montserrat staff for showing off skills on the sand and the amazing team-spirit and support: Montserrat IT manager

- James Bowman, Business Development Manager - Ken Hilliard, Oncologist - Dr Hong Shue, CFO - Shane Kosanic, SCHOC Nurse Manager - Kim McCullough and SCHOC Manager - Gayle Dowsett.

The event raised over \$100,000 for the research team at QLD Centre for Gynaecological Cancer Research.



expand its specialized range of medical services throughout the region.

The rebranding brings a few changes; A renovation to parts of the hospital and an increased case mix of Medical Officers visiting Samford Road Day Hospital. These changes are enabling the Day Hospital to fortify and strengthen local services and develop new client relationships throughout the region.

Samford Road Day Hospital will continue to offer all of the existing services with the same (if not better) level of excellence and professionalism patients have come to experience. You no longer need to travel into Brisbane CBD to receive the best level of care.

Any enquires please contact the Samford Road Day Hospital Clinical Business Manager Lauren Heggie on 3833 6794.

**383-391 Samford Road,
Gaythorne QLD 4061**



Montserrat now servicing Western Australia

Montserrat is now servicing Western Australia with the recent addition of the Oxford Day Surgery.

Welcome to all Oxford staff!

MONTSERRAT DAY HOSPITALS VISITING SPECIALIST LIST

EFFECTIVE MAY 2017



www.montserrat.com.au

NORTH LAKES

7 Endeavour Blvd, North Lakes, 4509

GP hotline:07 3833 6755

General Fax:07 3491 3614

Consulting Suites Ph:07 3833 6765

Consulting Suites Fax:.....07 3491 6803

Brisbane Haemorrhoid Clinic

General bookings:07 3833 6707

Brisbane Hernia Clinic

General bookings:07 3833 6786

Breast and Moreton Thyroid

Consulting Suites Ph:07 3910 5150

Consulting Suites Fax:.....07 3910 5160

Cardiology

Dr Roderick Chua.....07 3861 5522

Dermatology

Dr Ben Carew07 3856 5007

ENT Surgery

Dr David McIntosh.....07 5451 0333

Fertility Treatment

General bookings: 1800 4 MY IVF

Gastroenterology

Dr Agus Brotodihardjo 1300 513 255

Dr Cliona Maguire07 3833 6701

Dr Rajeev Palar Sinniah 1300 733 801

Dr Mahesh Jayanna 1300 733 801

Dr Tom Zhou07 3861 4866

General Surgery

Dr Naeem Khan..... 07 3833 6765

Dr Hugh McGregor 07 3283 4200

Dr Daniel Mehanna 07 3833 6765

Dr Roderick Borrowdale ...07 3283 4200

Gynaecology

Dr Archana Saraswat 1300 780 138

Dr Lata Sharma 07 3833 6765

Dr Graham Tronc.....07 3870 5602

Occupational Medicine

Dr Robert McCartney

drrob@omcd.com.au

Oncology & Haematology Clinic

General hotline:07 3859 0690

Dr Raluca Fleser.....07 3353 9026

Dr Darshit Thaker.....07 3859 0690

Dr Peter Davidson07 3121 4605

Dr Kieron Bigby07 3859 0690

Dr Geoffrey Hawson07 3859 0690

Open Access Endoscopy

Dr Cliona Maguire.....07 3833 6701

Ophthalmology

Dr Andrew Smith..... 07 3385 0900

Dr Stuart Reader..... 07 3385 0900

Dr Kate Slaughter 07 3385 0900

Oral & Maxillofacial

Dr Mohammed Mansour..07 3832 3232

Dr Terrence Alexander.....07 3832 3232

Dr Matthew Hawthorne....07 3852 4888

Orthopaedics

Dr Gaugin Gamboa07 3832 1652

(Knees)

Dr David Shooter07 3339 1514

(Hand & orthopaedic clinic)

Plastic & Reconstructive Surgery

Dr Phil Richardson..... 1300 789 240

Dr Mark Kohout..... 1300 559 848

Dr Joseph Rizk 1300 559 848

Dr Matthew Peters07 3488 8118

Pain Management

Dr Matthew Keys07 3391 7111

Dr Frank Thomas07 3391 7111

Bodyworks Physiotherapy

General hotline:07 3204 6388

Respiratory & Sleep

Dr Andreas Fiene..... 07 3635 8400

Queensland Vasectomy Clinic

General hotline:07 3833 6766

Northside Sleep Clinic

General hotline:07 3635 8400

Urology

Dr Jo Schoeman..... 07 3831 9049

Dr Jon Paul Meyer07 3883 4431

.....0488 378 016

Vascular Surgery

Dr Simon Quinn.....07 3188 7521

IPSWICH

Ipswich Boulevard Specilaist Suites

Suite 4/17 Limestone Street Ipswich, 4305

General bookings:07 3812 5166

General Fax: 07 3812 5188

Gastroenterology

Dr Terrance Tan

INDOOROOPILLY

12 Riverview Tce, Indooroopilly, 4068

GP hotline:07 3833 6788

General bookings:07 3833 6701

General Fax:07 3833 6740

Gastroenterology

Dr Rebecca Ryan

Dr Cliona Maguire

Dr Mark Norrie

Dr Terrance Tan

Dr Sam Islam

Dr Kavin Nanda

Dr Ammar Kheir

Hepatology

Dr Rebecca Ryan

Vasectomy

General bookings07 3833 6766

SAMFORD ROAD DAY HOSPITAL

383-391 Samford Rd, Gaythorne, 4501

General hotline:07 3833 6794

General Fax:07 3354 3296

General Surgeon

Dr Hugh McGregor.....07 3283 4200

Dermatology

Dr Jason Wu07 3871 2000

Dr Greg Butler07 3871 2000

Dr Karl Rodins.....07 3550 3082

Gastroenterology/ Iron Infusions

Dr Cliona Maguire07 38336701

Dr Rebecca Ryan07 38336701

Vasectomy

General bookings.....07 3833 6766

Plastic/Cosmetic

Dr Phillip Richardson 1300 789 240

Dr Andrew Broadhurst07 3252 8884

Dr Theo Birch07 3831 1500

Oral & Maxillofacial

Dr Mohammed Mansour...07 3832 3232

Dr Terrence Alexander.....07 3832 3232

HAEMATOLOGY & ONCOLOGY CLINICS



SUNSHINE COAST

HAEMATOLOGY & ONCOLOGY

10 King Street, Buderim QLD 455

General bookings:07 5479 0000

General Fax:07 5479 5050

Dr John Reardon - Haematology/Oncology

Dr Hong Shue - Medical Oncology

Dr Sorab Snavaskha - Haematology

Dr Lydia Pitcher - Haematology

Dr Joshua Richmond - Haematology

NORTH LAKES

HAEMATOLOGY & ONCOLOGY

7 Endeavour Blvd, North Lakes, 4509

General bookings07 3833 6755

General Fax:07 3491 3614

Dr Darshit Thaker - Medical Oncologist

..... 07 3859 0690

Dr Keiron Bigby - Medical Oncologist

..... 07 3859 0690

Dr Raluca Fleser - Haematology

..... 07 3353 9026

Dr Peter Davidson - Haematology

..... 07 3121 4605

Dr Geoffrey Hawson - Haematology/Oncology

..... 07 3859 0690

Business Development Manager:

Ken Hilliard 0438 609 033

Be Our Guest